

The Virginia AAHAM Insider

A Newsletter by and for the members of the Virginia Chapter of AAHAM

The President's Message

Summer 2026 Issue

Dear Virginia AAHAM Members,

I hope you are all enjoying the warmth of summer and have had the opportunity to take some time to relax, recharge, and spend time with family and friends.

As we look ahead, we have several exciting opportunities to connect, learn, and grow together. Our Annual Wine Tour will be held on Thursday, September 24, followed by our Fall Meeting on Friday, September 25, in beautiful Charlottesville, Virginia. Registration is now open for both events, and I encourage you to reserve your spot early. We are looking forward to another outstanding educational meeting and the opportunity to reconnect with colleagues from across the Commonwealth.

We are also excited to announce that our Annual Winter Meeting will be held December 9-10 at the beautiful Kingsmill Resort in Williamsburg, Virginia. Additional details and registration information will be shared soon—we hope you'll make plans to join us.

This spring, our chapter hosted a complimentary certification webinar series, and I want to extend my sincere appreciation to everyone who participated and to the volunteers who helped make these sessions such a success. Thank you for your commitment to professional development and continuing education.

Looking beyond our chapter, the AAHAM Annual National Institute (ANI) will be held October 18-21, 2026, at the Loews Philadelphia Hotel in Philadelphia, Pennsylvania. ANI is always an exceptional opportunity to learn from industry leaders, network with peers from across the country, and earn valuable educational credits. I hope many of you will be able to attend.

As our chapter continues to grow, we are currently seeking a Certification Chair. If you've been looking for a way to become more involved with Virginia AAHAM, I would love to speak with you about this rewarding leadership opportunity.

We are also working to enhance our quarterly newsletter and would appreciate your input. If you have ideas for future articles, member spotlights, industry updates, or educational content, please reach out to our Publications Chair, Sara Quick, at squick@augustahealth.com. Your contributions help make this newsletter a valuable resource for all of our members.

As always, your feedback is important to us. If there are topics you would like to see at future meetings or additional ways the chapter can support you, please don't hesitate to reach out. We are committed to providing meaningful educational opportunities and fostering a strong, engaged community of healthcare revenue cycle professionals.

Thank you for your continued support of Virginia AAHAM. It is an honor to serve as your President, and I look forward to seeing many of you at our upcoming events.

Warm regards,

Amy Beech, CRCE

President, Virginia Chapter of AAHAM

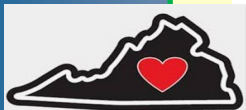
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Virginia Hospital Advocate Newsletter

Join the Hospital Grassroots Network!

Sign up for the VHHA Hospital Grassroots Network to join our rapid response network that helps legislators understand the importance of a pending health care vote or issue.

The Virginia Hospital Advocate newsletter will also help keep you updated on key issues so that you're informed and ready to respond when an urgent action alert is issued.



Register online today!

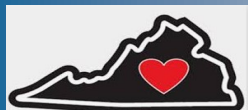


Support Dedicated Legislators through HosPAC!

HosPAC is VHHA's political action committee. HosPAC provides organized, effective political action by supporting candidates who will work to improve quality health care through policies that recognize the importance of Virginia's hospital and health systems.

To contribute,
please visit www.VAHosPAC.com.

HosPAC participation is strictly voluntary and not tax deductible.





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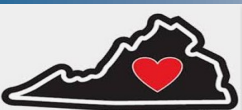
The ABC's for Your Trip

THE ABC'S FOR YOUR TRIP

Always do more than you are expected to do.
Believe in yourself.
Cure your destination disease.
Don't fear what you want the most.
Expect the best.
Focus on things you can control and affect.
Give life's precious moments value; share them.
Hang on when others let go.
Imagine yourself succeeding.
Jump over problems; don't go around them.
Keep saying no to the good, so you can say yes to the best.
Look for opportunities, not guarantees.
Make yesterday the deadline for all complaints.
Never give someone permission to ruin your day.
Omit the word can't from your vocabulary.
Pursue your passion.
Quit worrying about change; anticipate it and accept it.
Refocus your attention.
Strive for perfection.
Take quiet time.
Unfurl your wings and start flying.
Visualize it to realize it.
When your ship comes in, be willing to unload it.
Expect some things to go wrong; just don't go with them.
Yearn to be the best in everything you do.
Zero in on today: tomorrow will outdistance you.

Steve Gilliland

www.stevegilliland.com





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Sponsorship Overview by Owen....

The Virginia Chapter of AAHAM is actively seeking sponsors to join us for the 2026 sponsorship year!

Are you ready to amplify your brand and make waves in the healthcare revenue cycle industry? The Virginia Chapter of AAHAM is rolling out the red carpet for our 2026 sponsorship season, and we want YOU to join the excitement!

By becoming a sponsor, you'll take center stage with decision-makers and trailblazers in the healthcare finance world. This is your chance to build meaningful relationships, share your expertise, and show how your solutions can help drive success across the industry.

Here's why you don't want to miss out:

Get Seen and Be Heard! Boost your brand visibility through our events, newsletters, and website.

Make Meaningful Connections! Connect directly with key professionals at our chapter meetings and conferences.

Be Part of the Solution! Partner with industry leaders to tackle the hottest challenges in healthcare finance.

Whether you're a returning superstar or new to the scene, we've got sponsorship tiers that fit your goals like a glove. Head over to the Virginia AAHAM website to check out all the perks and secure your spot today!

Don't miss out on the chance to be part of one of the region's most engaged healthcare financial management communities. Secure your sponsorship and help us make 2026 our best year yet!

For more information– Contact Owen Foley

Owen.Foley@pennncredit.com





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The Virginia Chapter of AAHAM Publications Committee is Seeking Committee Members!

No Experience Necessary!

As a member of the publication committee, you can earn AAHAM CEU's while collaborating with other Chapter members, vendors, and authors.

Writers Wanted!

Newsletters are published quarterly. Don't miss your chance to be read, recognized, and rewarded for your writing talent!

Submit articles or, express interest in participating on the Virginia AAHAM Publication Committee. Contact Sara Quick for information!

squick@augustahealth.com





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AAHAM Certification Options:

The AAHAM Certified Revenue Cycle Executive

The AAHAM Certified Revenue Cycle Professional

The AAHAM Certified Revenue Integrity Professional

The AAHAM Certified Revenue Cycle Specialist

The AAHAM Certified Compliance Technician

What are the AAHAM Exams?



What is the AAHAM CRCE (Executive) certification?

Executive Certification is an extensive online proctored exam directed to all senior and executive leaders within the healthcare revenue cycle industry, to help equip them for strategic management of the business. This certification possesses the highest level of difficulty combining content knowledge of the business with critical thinking and communication skills.

What is the AAHAM CRCP (Professional) certification?

Professional Certification is an online proctored exam directed to supervisors and managers in the revenue cycle industry, to validate their knowledge and skills. This certification is for the individual who desires confirmation and recognition of their expertise and/or for those who aspire to the executive level certification.





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What are the AAHAM Exams?

What is the AAHAM CRIP (Revenue Integrity Professional) certification?

The Revenue Integrity Professional (CRIP) is an online proctored exam directed to anyone in the revenue cycle industry to help ensure that facilities effectively manage their charge master, and bill and document appropriately for all services rendered to a patient. This certification requires an in-depth, working knowledge of various revenue cycle areas and proper skill sets needed to increase revenue and reimbursement for facilities. It also ensures that proper charging takes place to maintain compliance within the insurance payer programs.

What is the AAHAM CRCS (Specialist) certification?

Specialist certification is an online proctored exam that tests the proficiency of staff involved in the processing of patient accounts and to prepare them for the many details needed to perform their daily job duties.

What is the AAHAM CCT (Compliance) certification?

Compliance certification is an online proctored exam that thoroughly tests competencies in healthcare compliance for all staff involved in the processing of patient accounts. It is intended to meet the annual employee compliance training requirements and to support individuals with professional compliance responsibilities in both institutional (hospital, health system) and professional (physician, clinic) settings. It also ensures that proper charging takes place to maintain compliance within the insurance payer programs.



CONGRATULATIONS VIRGINIA CHAPTER!

Virginia AAHAM received recognition for
2nd in the Nation for National Membership in 2024!

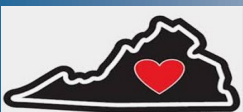
2026 VA AAHAM Membership Application

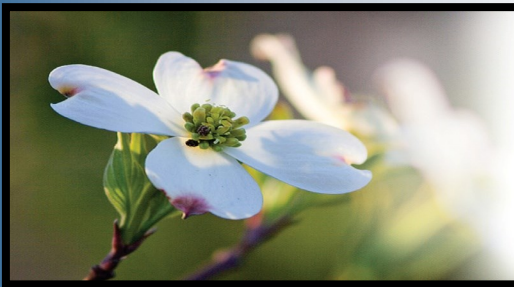
We are thrilled to be growing the Virginia Chapter of AAHAM. Visit our [online membership application](#) and payment options to join or renew your membership with the Virginia Chapter of AAHAM!

Take advantage of these important benefits...

- Problem solving and solution sharing with your associates
- Educational seminars & workshops, conference presentation materials
- Membership directory
- Chapter newsletter
- Reduced fees for chapter education events
- Interaction & networking with peers
- Preparation assistance for certification tests that demonstrate your professional skills
- Certification Training webinar slides and recordings

[Join VA AAHAM](#)





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Upcoming Events

Upcoming Certification Exam Dates and Registration Deadlines

Certification Exams will be available soon, be on the look out for more information.





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Upcoming Events

Virginia Chapter of AAHAM

2026 - Save the Dates:

Wine tour—Sept 24th

Fall Meeting at UVA Health in Charlottesville—Sept 25th

Winter Conference at Kingsmill Resort in Williamsburg—Dec 9th and 10th



Please be sure to watch out for email blasts with registration details for Virginia AAHAM's next Conference! As always, you can view our events page on our website for upcoming events.





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VA AAHAM Executive Board Elections 2026-2027



New Executive Board 2026-2027

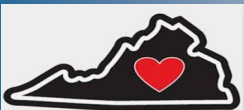
Amy Beech– President

Cathy Price– 1st Vice President

Leo Sutton– 2nd Vice President

Arlynn Fletcher– Treasurer

Sara Quick– Secretary





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Virginia AAHAM Executive Board 2024-2025



Chairperson of the Board

(Chapter of Excellence Committee)

Pam Cornell, CRCE, Sr A/R Resolution Specialist
Mercury Accounts Receivable Services

Email: pscornell2001@yahoo.com



President

(Committee Chairperson: Nominating Committee; Accounts Receivable/Third Party Payer Committee)

Amy Beech, CRCE, Patient Financial Services Manager
Augusta Health
P.O. Box 1000 Fishersville, VA. 22939

Office: (540) 245-7216

Email: abeech@augustahealth.com



First Vice President

(Committee Chairperson: Membership & Chapter Development: Chapter Awareness)

Cathy Price-Campbell, CRCP

Email: catprice@gmail.com





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Virginia AAHAM Executive Board 2024-2025



Second Vice President

(Committee Chairperson: Education Committee; Government Relations Committee)

Leo Sutton

Email: leosutton@gmail.com



Secretary

(Committee Chairperson: Publications Committee)

Sara Quick, CRCS, CCT Patient Data Quality Training and Auditing

Augusta Health

P.O. Box 1000 Fishersville, VA. 22939

Office: (540) 332-4929

Email: squick@augustahealth.com



Treasurer

(Committee Chairperson: Vendor Awards Committee)

Arlynn Flecker, VP of Compliance and Client Experience

Nationwide Credit Corporation

5503 Cherokee Ave, Suite 100 Alexandria, VA 22312

Office: (571) 499-4399

Email: Arlynn.Flecker@nccva.com

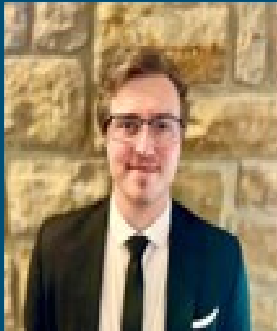




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Virginia AAHAM Executive Board 2024-2025



Appointed Board Member: SPONSORSHIP COMMITTEE

Owen Foley, Regional Business Development Manager

Penn Credit

Office: (717)- 441-5458

Email: Owen.Foley@penncredit.com



Appointed Board Member: CERTIFICATION COMMITTEE

Leanna Marshall, CRCE, Retired

Charlottesville, VA

Phone: (434) 962-8508

Email: marshallleanna86@gmail.com



Appointed Board Member: FINANCE COMMITTEE CHAIR

David Nicholas, CRCE, President

Mercury Accounts Receivables Services, LLC

Office: (703) 825-8762

Email: David@MercuryARS.com



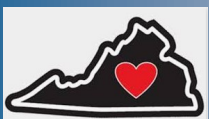
Appointed Board Member: COMMUNICATIONS CHAIR

Emoni White

Sentara Health

Office:

Email: evwhite82@live.com

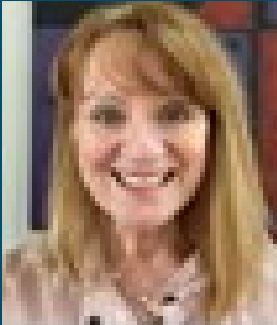




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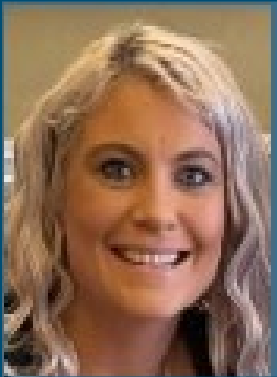
Virginia AAHAM Executive Board 2024-2025



Honorary Board Member

Linda Patry, CRCE, Retired

Email: linpatry@gmail.com



Committee Chairperson Student Membership Committee

Danielle Sadrack

Credit Control Corporation

Email: dsadrack@credcontrol.com





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CORPORATE SPONSORSHIPS



- | | |
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| <i>University of Virginia</i> | <i>Annuity Health</i> |
| <i>NCC</i> | <i>Elevate</i> |
| <i>Knowtion Health</i> | <i>Penn Credit</i> |
| <i>Credit Control Corporation</i> | <i>Hollis Cobb</i> |
| <i>Mercury Account Receivable Services</i> | |



- Peer Insights*
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ANNUITY
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GIVE US A CALL TO DISCUSS THESE SERVICES

ABOUT US

We are a team of energetic and dedicated professionals who provide healthcare accounts receivable services. We have a passion about insurance billing, follow-up and accounts receivable resolution that is unmatched in the industry. Our professionals are members of the American Association of Healthcare Administrative Management (AAHAM), so we take our profession and your accounts receivable seriously. We specialize in all insurance receivables including Medicare, Medicaid, Blue Cross Blue Shield, Commercial, Managed Care, and Workers' Compensation. We are grateful to be of service to you.

OUR MISSION

To have the highest liquidation rate of our client's insurance receivables while providing excellent customer service.

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INSIGHTS

PREDICTIVE CASH RECOVERY





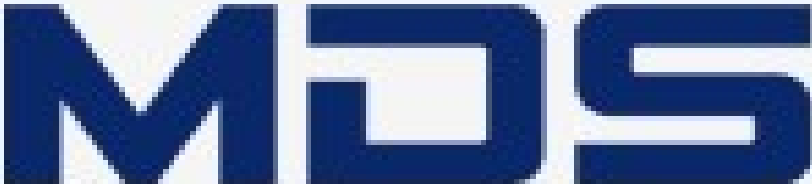
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Healthcare Receivables Management Specialists





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No-Bake Red, White, and Blue Cheesecake Bars



Ingredients

FOR THE CRUST:

- ☐ Cooking spray, for the pan
- ☐ 1 (13-ounce) package chocolate sandwich cookies (such as Oreos)
- ☐ 1 stick (8 Tbsp.) salted butter, melted

FOR THE FILLING:

- ☐ 3 (8-ounce) packages cream cheese, at room temperature
- ☐ 1/2 cup granulated sugar
- ☐ 1/4 cup sour cream
- ☐ Red gel food coloring
- ☐ 1 cup heavy cream
- ☐ 1/3 cup powdered sugar
- ☐ 1 tsp. vanilla extract
- ☐ Blue sprinkles, for decorating



Directions

- 1 | Make the crust: Spray a 9-by-13-inch baking pan with cooking spray. Line with 2 overlapping sheets of parchment paper, leaving an overhang on the long sides.
- 2 | Finely grind the sandwich cookies in a food processor. With the processor running, slowly pour in the melted butter and process until it's the texture of coarse sand. Transfer to the prepared pan. Use the bottom of a measuring cup to press the crumbs into an even layer. Transfer to the freezer.
- 3 | Make the filling: Beat the cream cheese in a stand mixer fitted with the paddle attachment until smooth, about 2 minutes. Scrape down the sides of the bowl; add the granulated sugar and sour cream and beat until very smooth, scraping down the bowl as needed, about 1 minute. Transfer half of the filling to a medium bowl; stir in 15 to 20 drops red gel food coloring until you get the desired color. Transfer the remaining filling to a large bowl.
- 4 | Combine the heavy cream, powdered sugar, and vanilla in the stand mixer bowl and fit with the whisk attachment. Beat on medium-high speed until medium-stiff peaks form, 2 to 3 minutes. Carefully fold half of the whipped cream into the red batter, then fold the other half into the white batter.
- 5 | Remove the crust from the freezer. Drop large spoonfuls of the red and white fillings alternately over the crust. Gently tap the pan against the counter a couple of times to level and settle the batter. Drag a long wooden skewer or butter knife through the batter to create a swirled pattern. Tap the pan against the counter again.
- 6 | Cover with plastic wrap and refrigerate for at least 12 hours or up to 2 days. Lift the cheesecake out of the pan using the parchment overhang and transfer to a cutting board. Cut into squares and top with blue sprinkles.





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Americans eat 150,000 each year on the 4th



John Adams is credited with adding fireworks to the 4th of July celebrations.

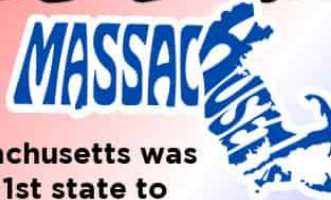


The # of stars represent the 50 states and the stripes represent the original 13 colonies



Uncle Sam's hat has become a recognizable symbol of American patriotism

Massachusetts was the 1st state to recognize July 4th as an official holiday in 1781.



Santa Clara, CA hosts the "All-City Picnic & Parade," where participants dress up as fruits & vegetables



Eating Salmon is a traditional 4th of July food in New England



The 1st celebration took place at the White House, was in 1801

The 4th of July Parade in Bristol, Rhode Island, holds the record for being the oldest.



July 4th, 1776 adopted the Declaration of Independence & marks the birth of American Independence



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crafting a lovely life





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This publication is brought to you through the collective efforts of the Publications Committee.

Sara Quick— squick@augustahealth.com

Dakota Frazier— dfrazier@augustahealth.com



What is AAHAM?

AAHAM is a premier professional organization for healthcare administrative management. Our goal is to provide quality member services and leadership in the areas of education, communication, representation, professional standards and certification. Virginia AAHAM was founded in 1982 as the American Guild of Patient Account Management. Initially formed to serve the interests of hospital patient account managers, AAHAM has evolved into a national membership association that represents a based constituency of healthcare professionals.

